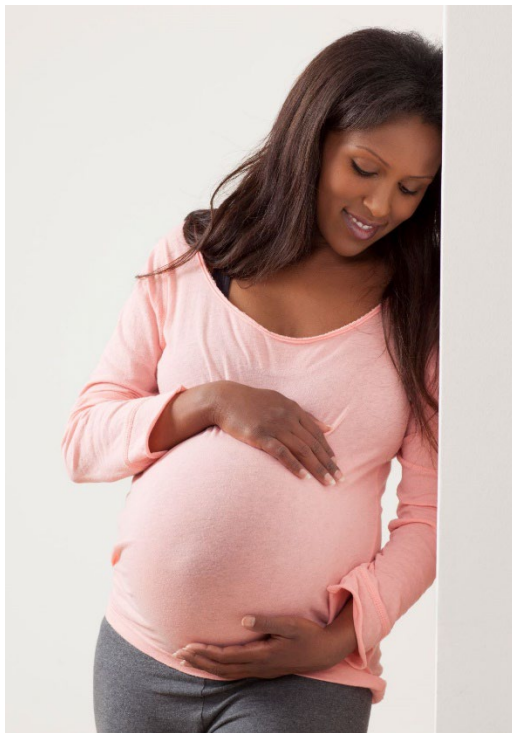


Am I Eligible for Family Case Management (FCM)?

If you are pregnant or have a baby under 1, and qualify for Medicaid or WIC, you are most likely eligible.

Call CAU's Family Case Management
Program:
(773) 867-4000



Community Alternatives Unlimited (CAU)


8765 W. Higgins Rd., Ste. 300
Chicago, IL 60631

and

1701 S. First Avenue, 3rd floor
Maywood, IL 60153

Phone: (773) 867-4000

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 Find us on Facebook

 <https://twitter.com/caufcm>

www.cau.org



Se habla español

Family Case Management (FCM)

*Support for healthier pregnancies and
babies*

with

Community Alternatives Unlimited (CAU)



(773) 867-4000

Family Case Management with CAU

How Can FCM Help You?

- Assistance in obtaining the resources you need to help you have a healthy pregnancy, baby and family
- Links to resources for proper nutrition for your whole family
- Our commitment to health equity for all, offering support and assistance as needed for any access obstacles (including implicit bias and communication issues)
- Updated information on stages and areas of infant development
- Tips on how to be an even better parent
- Insights on the importance of early, regular prenatal care, recommended immunizations, and well child checkups for babies
- Information on the signs and symptoms of labor, general recommendations to reduce your risk of preterm delivery, and when to call your doctor
- Clear, updated information on interconceptional care and family planning options
- Home safety information to help you identify and avoid things that may be harmful to your baby and/or the whole family
- *All services and support provided free to eligible clients*



Services Provided:

- Individualized assistance with referrals, scheduling appointments, and information on any needed service or benefit
- Help navigating the rapidly changing healthcare and Medicaid system to meet both your and your baby's needs
- Developmental screenings to gauge infant development and growth
- Child passenger safety education, information about car seat use, and referrals to certified child passenger safety technicians for instruction on car seat installation
- Transit assistance for medical appointments if needed



Focus of the Family Case Management (FCM) Program:

- Reducing adverse birth outcomes by providing assistance and support to pregnant people
- Guiding and supporting infants' health and development from birth to the 1st birthday
- Connecting families with services needed to promote a healthy family living environment
- *This program is funded by the Illinois Department of Human Services (IDHS).*

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