



Building Blocks to a Healthy Beginning Family Case Management

A program for pregnant individuals,
those who have recently had a baby,
and their infants.

- Are you pregnant or recently have been?
- Do you have a child under age 1?
- Are you on Medicaid or uninsured?

Family Case Management can help you:

- Find a doctor for you and your baby.
- Make healthy choices for your family.
- Learn about pregnancy and baby.
- Gain confidence as a new parent.
- Sign up for other helpful programs.

Family Case Management can connect you to other resources:

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| ● WIC, SNAP, TANF, Medicaid | ● Child Care |
| ● Family Planning | ● Transportation |
| ● Health Teaching | ● Housing |
| ● Pregnancy & Parenting Classes | ● Mental Health Counseling |
| ● Vaccines | ● Job Search |
| ● Breastfeeding Support | ● Smoking, drug, or alcohol programs |

For more information call 1-800-843-6154 (voice) or 1-800-447-6404 (TTY)